

Confronting the Unbelief of Lust

Matthew 5:28-32

A. **What hinders someone from controlling passions and desires** (1 Thess 4:3-8; cf. Rom 1:24-32; Gal 4:8-9)? _____

B. **Does the world have a solution for self-control?** _____

C. **What is the lack of self-control** (Rom 7:13-25)? _____

D. **How do the Scriptures instruct Christians to control one's body in holiness?**

E. **What makes something a temptation** (Jas 1:14-15)? _____

F. **Why must a believer live according to the Spirit** (Rom 8:5-13; Gal 5:16)?

G. **What must happen for a believer to be free from sin and death** (Rom 6:4-16)? _____

H. **What is the fruit of sin** (Rom 6:20-23)? _____

I. **How does the resurrection help Christians live a life of holiness** (Rom 8:11-13; 1 Cor 6:13-20)? _____

J. **How did Jesus warn against lust and its effect upon the body** (Matt 5:27-30)?

Points for Escaping Sin

1. God always provides a way of escape that the Christian can endure (1 Cor 10:12–13).
2. Replace sin with good behavior (Eph 4:17–32).
3. Make no provision for the flesh (Rom 13:13–14).
 - a. For lust, this includes turning to marriage to fulfill sexual desires (1 Cor 7:1–9).
4. Set the mind on the Spirit and walk in the Spirit (Rom 8:5–6; 12:2; Gal 5:16–17).
5. Focus on the resurrection of the body to come to life (Rom 8:5–25; 1 Cor 6:9–20; 1 John 3:2).
6. Finally yet importantly, pray not to enter into temptation (Matt 26:41; Mark 14:38).